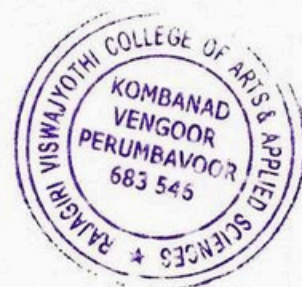




RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

10. Report on "Adaptive Skills Enhancement Programme "

Programme Details in a Nutshell	
Name of the Event	"Adaptive Skills Enhancement Programme "
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none">To equip participants with strategies to adapt to various challenges and changing environments.To Strengthen participants' adaptive communication and teamwork skills
Resource Person	Ms. Priya Baby, CO/Director, LifeTech Solutions, Soft skill trainer
Date And Time	19-09-2023 to 20-09-2023 9.30 AM to 3.30 P M
Duration	10 Hrs
Beneficiaries	30 Students
Venue Or Platform	First Year BCA Lecture Hall, RVCAS
Organizing Dept./ Cell	Department of English in association with IQAC
Coordinator	Mr. Tennyson Thomas, Department of English
Outcome/ Benefit of the Programme	<ul style="list-style-type: none">Participants will demonstrate improved flexibility and resilience in addressing various challengesStudents will exhibit stronger adaptive communication and collaboration abilities

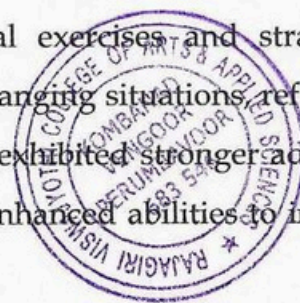


Detailed Report

The "Adaptive Skills Enhancement Programme," conducted on September 19th and 20th, 2023, aimed to develop participants' ability to navigate various challenges and foster effective communication and teamwork. The workshop, led by Ms. Priya Baby, a skilled soft skills trainer and CO/Director at LifeTech Solutions, took place from 9:30 AM to 3:30 PM at the First Year BCA Lecture Hall, RVCAS of Rajagiri Viswajyothi College of Arts and Applied Sciences (RVCAS). The event, spanning 10 hours, catered to 30 students and was organized by the Department of English in association with IQAC, with Mr. Tennyson Thomas serving as the coordinator. The primary objective of the workshop was to equip participants with strategies to adapt to various challenges and changing environments. Ms. Priya Baby guided the students through a series of interactive sessions designed to enhance their flexibility and resilience. Participants engaged in practical exercises and discussions that provided them with tools and techniques to effectively manage and overcome obstacles in diverse situations. The focus was on developing adaptive problem-solving skills that can be applied in both personal and professional contexts.

In addition to problem-solving, the workshop aimed to strengthen participants' adaptive communication and teamwork skills. Through collaborative activities and role-playing scenarios, Ms. Priya Baby facilitated the development of effective communication strategies and improved teamwork dynamics. Students practiced adaptive communication techniques, learning to adjust their communication style to suit different contexts and enhance their ability to work collaboratively with others. These activities were designed to build stronger interpersonal skills and foster a more cohesive team environment.

The outcomes of the workshop were highly positive. Participants demonstrated significant improvement in their ability to address various challenges with increased flexibility and resilience. The practical exercises and strategies provided enabled them to better handle dynamic and changing situations, reflecting the effectiveness of the training. Additionally, students exhibited stronger adaptive communication and collaboration skills. They showed enhanced abilities to interact



effectively and work collaboratively in diverse group settings, underscoring the workshop's success in achieving its objectives.

Mr. Tennyson Thomas, the workshop coordinator, played a crucial role in ensuring the smooth execution of the program. His efforts, combined with Ms. Priya Baby's expertise, contributed to a valuable learning experience for the participants. The workshop successfully met its goals, providing students with essential adaptive skills and fostering a more effective approach to communication and teamwork.

Feedback Report

The "Adaptive Skills Enhancement Programme," held on September 19th and 20th, 2023, received positive feedback from the 30 students who participated. Led by Ms. Priya Baby, the workshop effectively improved participants' flexibility and resilience in tackling various challenges. Students appreciated the interactive sessions and practical exercises that enhanced their adaptive communication and teamwork skills. They reported a noticeable improvement in their ability to navigate dynamic environments and collaborate more effectively with others. The workshop was well-received, with participants valuing the practical strategies and skills gained, making it a successful and impactful experience.





Poster of the Workshop on Adaptive Skills Enhancement Programme



Participants Engaged in Interactive Sessions at the Adaptive Skills Enhancement Programme Workshop



Participant's List



RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES, VENGOOR, PERUMBAVOOR

Name of the Program: *Adaptive Skills Enhancement programme*

Date: *19-9-23 to 20-9-23*

Sl No	Name of Student	Department	Signature
1.	<i>Fazrin S</i>	<i>III BA English</i>	<i>Fazrin</i>
2.	<i>Dino Shibu</i>	<i>III BBA</i>	<i>Dino</i>
3.	<i>Krishnaja Manoj</i>	<i>III BA English</i>	<i>Krishnaja</i>
4.	<i>GRACEMON A Y</i>	<i>III BBA</i>	<i>Gracem</i>
5.	<i>Veha Roshin</i>	<i>III BBA</i>	<i>Veha</i>
6.	<i>Dilsha C P</i>	<i>III BBA</i>	<i>Dilsha</i>
7.	<i>Mueethas Rahim</i>	<i>III BBA</i>	<i>Mueethas</i>
8.	<i>Elizabeth Joseph</i>	<i>III BBA</i>	<i>Elizabeth</i>
9.	<i>Asher Matthew</i>	<i>III BBA</i>	<i>Asher</i>
10.	<i>ALEX BENNY</i>	<i>III BBA</i>	<i>Alex</i>

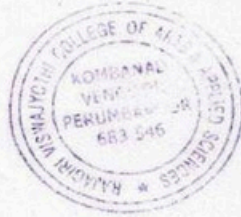


11	Elizabeth Joseph	III BBA	ESa
12	Annammal Manick	III BBA	Annammal
13	Faisal Tankadran	III BBA	Faisal
14	Gracemon AY	III BBA	Grace
15	Mathias Radin	III BBA	Mathias
16	Neha Roshin	III BBA	Neha roshin
17	Maanraj Bobby	III BBA	Maanraj
18	Noel Felix	III BBA	Noel Felix
19	Nusayr Niyas	III BBA	Nusayr
20	Punya Nakshathra	III BBA	Punya Nakshathra
21	Chanzilla	III BBA	Chanzilla
22	Fajir S	III BBA English	Fajir
23	Kaishnaja Manoj	III BBA English	Kaishnaja
24	Timothy Koshy Varughese	B Com	Timothy
25	Sukhan Sadeek	B. Com	Sukhan
26	Peter Babu	B Com	Peter Babu



27	Raghul Raj	B Com	Raghul
28	Savio Viji	B Com	Savio
29	Abhisaj Sali	B Com	Abhisaj
30	Abel Benny	B Com	Abel

Principal



Faculty Coordinator

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