



RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

4. Report on Speak with Confidence: Training for Public Speaking

Programme Details in a Nutshell	
Name of the Event	Speak with Confidence: Training for Public Speaking
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none">• To help participants improve their public speaking skills and speak clearly and confidently.• To educate attendees on how to manage nervousness and gain confidence to give effective and convincing presentations.
Resource Person	Ms. Bincy Sebastian, Research Scholar Calicut University
Date and Time	02-12-2021 to 03-12-2021 9.30 AM to 4.30 PM
Duration	12 Hrs
Beneficiaries	31 Students
Venue or Platform	2 nd Year BBA Lecture Hall, RVCAS
Organizing Dept./ Cell	Department of English in association with IQAC
Coordinator	Mr Termyson Thomas, Assistant Professor, Department of English
Outcome/ Benefit of the Programme	<ul style="list-style-type: none">• Participants will become better at public speaking, making their presentations clearer and more engaging.• They will also learn how to handle nervousness and build confidence, helping them speak more confidently and effectively.



Detailed Report

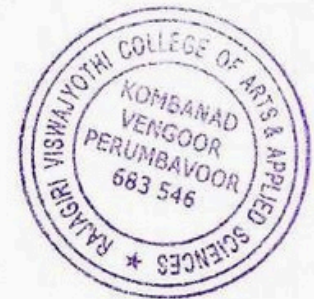
The "Speak with Confidence: Training for Public Speaking" workshop, held on December 2nd and 3rd, 2021, was a two-day event designed to enhance participants' public speaking skills. Hosted in the 2nd Year BBA Lecture Hall, RVCAS and attended by 31 students, the workshop was organized by the Department of English in association with the Internal Quality Assurance Cell (IQAC), with Mr. Tennyson Thomas serving as the coordinator. Ms. Bincy Sebastian, a Research Scholar from Calicut University, was the resource person, bringing her expertise to guide the sessions on effective communication techniques.

Ms. Bincy Sebastian provided comprehensive training on various aspects of public speaking, including managing nervousness, structuring a speech, and engaging the audience. The workshop covered essential topics such as overcoming stage fright, organizing speech content for clarity and impact, and using body language and vocal variety to enhance presentations. Interactive practice sessions, including role-playing and impromptu speaking exercises, allowed participants to apply these techniques and receive constructive feedback, which significantly improved their confidence and delivery. Mr. Tennyson Thomas's effective coordination ensured the smooth execution of the workshop. Participants reported notable improvements in their public speaking skills, including clearer and more engaging presentations. They also learned valuable strategies to manage anxiety and build confidence, leading to more effective and persuasive communication. Overall, the workshop was a highly beneficial experience, providing students with essential skills and increased self-assurance for public speaking.



Feedback Report

The "Speak with Confidence: Training for Public Speaking" workshop, received positive feedback from all participants. Attendees commended the workshop for its practical and interactive format, which enhanced their public speaking abilities. Ms. Bincy Sebastian's instructions were particularly well-received, with her insights into managing nervousness and delivering clear, confident presentations proving highly valuable. The hands-on exercises and role-playing activities allowed students to practice their skills in a supportive environment, leading to noticeable improvements in their speaking confidence and effectiveness. The positive impact on participants' presentation skills and confidence underscored the workshop's value and effectiveness.





RAJAGIRI VISWAJYOTHI
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Department of English
In Association With IQAC
**"Speak with Confidence:
Training for Public Speaking"**

02-12-2021 &
03-12-2021



Ms. Bincy Sebastian
Research Scholar
Calicut University

Poster of the Workshop on Speak with Confidence: Training for Public Speaking



Resource Person Handling the Session



Participant's List



RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES, VENGOOR, PERUMBAVOOR

Name of the Program: *Speak with Confidence : Training for*

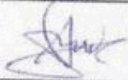

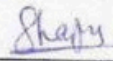


Date: *02/12/2021* Public Speaking

S I No	Name of Student	Department	Signature
1.	<i>Fazgin S</i>	<i>III BA English</i>	<i>Fazgin S.</i>
2.	<i>DINO SHIBU</i>	<i>III BBA</i>	<i>Dino</i>
3.	<i>Krishna Jaleel</i>	<i>III BA English</i>	<i>Krishna J.</i>
4.	<i>GRACEMONAY</i>	<i>III BBA</i>	<i>Gracemonay</i>
5.	<i>Neha Poshin</i>	<i>III BBA</i>	<i>Neha</i>
6.	<i>Dilshac.p</i>	<i>III BBA</i>	<i>Dilshac</i>
7.	<i>Murthas Rahim</i>	<i>III BBA</i>	<i>Murthas</i>
8.	<i>Elizabeth Jeyar</i>	<i>III BBA</i>	<i>Elizabeth</i>
9.	<i>Asher Mathas</i>	<i>III BBA</i>	<i>Asher Mathas</i>
10.	<i>ALEX BENNY</i>	<i>III BBA</i>	<i>Alex</i>



11	Muhammed Amal	B.com	Muhammed Amal
12	Muhammed Shahid	B.Com	Shahid
13	Nandana P A	B.com	Nandana P A
14	NAVAMI VIJAYAKUMAR	B.com	Navami
15	Tharshika Nisaku	B.com	Tharshika
16	Tom Jose	B. Com	Tom Jose
17	Ahn Anil	B.com	Ahn Anil
18	Aoun P.S	B.com	Aoun P.S
19	Mumthas S	B.com	Mumthas S
20	Langal Miryan Mominen	B.com	Langal Miryan Mominen
21	Sandra Senthil	B.com	Sandra Senthil
22	Adharth Akshay	B.com	Adharth Akshay
23	Sivathmika TS	B.com	Sivathmika TS
24	Shyama C S	B.com	Shyama C S
25	Soraj Sunil	B.com	Soraj Sunil
26	Abhiramya Gopi	B.com	Abhiramya Gopi



27	Able Sabu	B.Com	
28	Albin Raj Raj	B.Com	
29	Alan P Shaju	B.Com	
30	Alphy J Korpheer	B.Com	
31	Anna Marya Jay	B.Com	

Principal



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Faculty Coordinator

